Nutritious Leafy Greens

In addition to hay and pellets, your rabbit should have a variety of leafy vegetables from this list, and include at least one vegetable a day that contains Vitamin A (indicated by a *). All fresh food items should be washed before being given to your rabbit.

Beet greens*
Broccoli leaves and stems*
Carrot Tops*(!)
Cilantro
Collard Greens*
Endive*
Green Peppers
Mint
Parsley*
Peppermint leaves
Radish tops
Romaine Lettuce*
Watercress*

Bok choy Brussel sprouts Celery Clover Dandelion Greens and Flowers*(!) Escarole Kale*(!) Mustard Greens* Pea pods* Radicchio Raspberry Leaves Spinach*(!) Wheat grass*

(!)=Use sparingly. High in either oxalates or goitrogens and may be toxic in accumulated quantities over a period of time

Other fruits and veggies should be considered special treats and only be given in very small amounts occasionally. A high amount of sugar in the diet should be avoided because it may affect their digestive system. The best fruits are ones in the berry family (strawberries, blueberries, raspberries, blackberries). We do not recommend feeding bananas or grapes because they are high in sugar and can become "addicting" to bunnies. Some other acceptable fruits are included in the list below.



ApplesMelonPeeled orangePapayaPeachPearPineapplePlums